

SOMETHING TO BREW ABOUT



Posted by Arielle 01.11.12

During the cold winter months, there's nothing better than curling up with a cup of tea. Be it green, black, peppermint, or chamomile, tea is soothing to your soul AND your skin. Its antioxidants flush out toxins from the skin and ease puffiness, while helping to counteract environmental pollutants such as UV exposure and cigarette smoke that can prematurely age and wrinkle your skin. January is National Hot Tea Month, and a good time to add tea not only to your morning routine but to your beauty repertoire as well. So brew up a cup and add these tea-infused products to your beauty stash to reap all the benefits.

A MATCHA MADE IN HEAVEN



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Dr. Andrew Weil describes Matcha tea as “A unique, beautiful and richly flavorful drink [that] provides an energetic awareness and sense of well-being.” The invigorating [The Way of the Bath Matcha Tea Body Soak by Dr. Andrew Weil for Origins](#) (\$45) helps soothe tired muscles, making it a must-use for after workouts or recuperation from a long day.

A FACE MIST THAT WILL MAKE YOU SAY OLE

The [Ole Henriksen African Red Tea Face Mist](#) (\$28) moisturizes and hydrates skin with anti-aging nutrients for visibly tighter pores and a healthy glow. Its ingredients include African red tea, white tea, and pomegranate and its all-natural formula gently tones skin while brightening and tightening. It is designed for daily use or whenever you need a quick pick-me-up.

REMOVE MAKEUP AND NOURISH YOUR SKIN

[Yes to Cucumbers Soothing Hypoallergenic Pre-Moistened Facial Towelettes](#) (\$5.99 for a pack of 30) are a godsend for anyone sick of greasy makeup removers. These gentle, all-natural towelettes remove dirt, sweat, and makeup while soothing skin with cucumber, aloe vera, green tea, and Dead Sea minerals. The ingredients in these towelettes exfoliate, detoxify, and rejuvenate skin while protecting and softening. Just pop on in your bag and use them anytime – no rinsing needed.

OIL-FREE SKIN IS JUST A BLOT AWAY

Blotting sheets are a girl's best friend on a romantic night out. The limited edition [Green Tea Blotting Linens by Boscia](#) (\$10

for 100) is the perfect purse-stuffer for your next night on the town. The sheets remove shine from your face without messing up your makeup. Free of parabens, synthetic dyes and fragrances, these blotters are perfect for even the most sensitive skin. Plus the green tea will help even skin tone and add clarity.

KISS OILY SKIN GOODBYE WITH JURLIQUE



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Jurlique's [Rebalance Oiliness Kit](#) (\$40) boasts a blend of green tea, daisy and witch hazel to counteract blemishes and oily-prone skin. The kit comes with a foaming cleanser, purifying mist, recovery gel, and a lotion, which help skin feel purified and refreshed. The bottles are perfectly travel sized in addition to being great for everyday use.

USE KORRES FOR YOUR PORES

The [White Tea Facial Fluid Gel Cleanser](#) (\$21) by Korres cleanses, softens and moisturizes without stripping natural oil. It is loved by people with all skin types and is a great cleanser for anyone looking to add an "ooh" and "ahh" to their morning or evening washing routine.

BURBERRY'S GOT ALL THE RIGHT MOVES

Burberry fragrances just keep on rolling and [Burberry The Beat](#) (\$67) is one of its latest and greatest. This sparkling floral woody fragrance is a little bit sexy, a little bit modern, and a whole lot vibrant. Ceylon tea adds an essence of contradictory tradition to a blend of floral top notes and woody base notes that comprise the unique scent of this eau de parfum.

BLACK TEA MAGIC

[Fresh Black Tea Age-Delay Face Cream](#) (\$95) uses natural ingredients to visibly reduce the appearance of fine lines and wrinkles. It is formulated with collagen-boosting lychee to strengthen the skin's structure and firm the complexion, making skin look more youthful. The anti-oxidant action of black tea fights the effects of pollution, while the rich formula hydrates and moisturizes.

HYDRATE SKIN WHILE YOU SLEEP

The luxurious [Hydrating Intense Night Cream](#) (\$60) by Bobbi Brown is perfect for women of all ages who want to restore and repair skin while getting their shut-eye. Green tea and vitamin E provide antioxidant protection. A mineral water blend hydrates, balances, and revives skin while a white birch extract works to reverse environmental damage. In addition, a blend of oils including jojoba, olive, sweet almond, apricot, and shea butter softens and comforts the skin while you sleep. Extracts of rice bran and apple even out skin tone. It's everything your skin could ever need blended together in one amazing cream.

FALL IN LOVE WITH AMORE PACIFIC'S TREATMENT OIL

The [Green Tea Seed Treatment Oil](#) (\$195) by Amore Pacific works to restore vitality and resilience to dehydrated, dull skin, leaving it supple and luminous. The appearance of fine lines and wrinkles is improved while the easily absorbed formula

softens and nurtures. Apply a few drops to your face prior to using your moisturizer to jump start your complexion transformation.