

AVÈNE'S GENTLE BODY SCRUB FOR DRY SKIN WOES

Posted by Arielle 10.28.11



For those of us with dry, sensitive skin, season changes undoubtedly cause a plethora of issues. As the weather gets colder and the boots and coats come out of hiding, I experience them at full-speed. Scaly legs? Check. Itchy, inflamed arms? Double check. I'm always looking for something to use in the shower that exfoliates without irritation, and the made-in-France **Gentle Body Scrub by Avène** has proven to be my skin's new savior.

Having always been hesitant towards exfoliating beads due to their roughness, I found that the beads in Avène's scrub were small enough that I barely even noticed they were there. I put the scrub on my loofah in the shower and instantly noticed a softness in my skin. The smell is sweet without being overpowering, and just a small amount of the scrub created

a big lather. Avène's products are hypoallergenic and non-comedogenic, and are made with Avène Thermal Spring Water, soothing even the scaliest and most sensitive skin. It is safe to use once or twice a week and can be applied in the shower, directly before your normal moisturizing routine. A large bottle can be purchased online through drugstore.com or skinstore.com for just \$20.

Lather up with this scrub, and surely your skin will say "oui, oui" just like mine did.